

World Menopause Day 2021

FSU Menopause Workplace Survey Key Findings

#worldmenopauseday

Only 2.8% of those surveyed expressed that their employer had a policy in place and over 6,000 comments were made by members outlining how menopause affects working life.



89.4%

of respondents say menopause affects working life.

"I have seen ladies who were menopausal made fun of, so I would never bring it up"



97.5%

don't have a workplace policy in place and would welcome one.

"If an older lady became a bit annoyed over something we would be told 'not to mind her' as she is hormonal."



38%

say menopause is treated as a joke in their workplace.

"I think it is great that the Union are looking in to this. It has been a taboo subject for far too long"



Only 15%

feel comfortable talking about menopause in work.

"symptoms of menopause can be extremely debilitating on a day to day basis, affecting both physical & cognitive ability. Without support for some women it means they may have to give up work"



Only 17%

say that menopause is 'not' treated negatively in the workplace.

"Been told if you're not able for the heat you know you are ready to retire."



84%

are currently experiencing or likely to experience menopause.

"Menopause is often the punchline to a joke."

**financial
services
union**

www.fsunion.org